

**Alta California Regional Center (ACRC)
Self-Determination Advisory Committee Meeting (SDAC)
Wednesday September 12th, 2018
10:00 A.M. to 12:00 P.M.**

Minutes

Members:	Present	Absent
Lisa Cooley SA	X	
Joyce McNair FA	X	
Kimberly Terrell SA	X	
Luis Rivera FA		X
Nancy Libby FA		X
Nina Iliff, FA		X
Margaret Lamb, FA		X
Brittnee Gillespie, DRC	X	
Others Present:		
Jason Lindo, ACRC Brittany Mangum (Support Staff), ACRC Phil Bonnet, ACRC Sonya Bingaman, SCDD Joseph Hernandez, SP Karen Mulvaney, FA	Judi Butters, FA Nicole Pitz, FA Sabine Huang, FA Angela Willsey, FA Astra Jackson, SP Kenya Martinez, FA Benita Ayala, PA Tracy Ligtenberg, FA	
Legend: SA – Self-Advocate, FA – Family Advocate, SP – Service Provider		

1. Call to Order by Joyce McNair, Vice Chair

- Welcome & Introductions (10:00 A.M.)

2. Approval of Agenda & Minutes (from July 11th, 2018)

- It was moved/seconded and carried to approve the agenda and minutes. No Abstentions.

3. Overview of SDP- Sonya Bingaman

- Self-Determination Program is a federally funded program where services can be received through the regional center in a non-traditional way.
- Both ACRC's and DDS's websites have a PowerPoint that can be viewed if interested in SDP.
- There is a Person Centered Plan followed by an individual program plan. The client will select an Independent Facilitator of their choice.
- You can use your budget to hire anyone, even vendored services- they can give services they are not vendored to give. This must fall under T19 regulations.
- Currently, clients can only receive vendored services, which can be difficult for some people depending on their circumstances. SDP opens doors and offers flexibility to those who need more options.
- By September 17, 2018, the list will close for those interested. On October 1, 2018, DDS will select 179 participants.
- After 3 years, this program will be available all clients.

4. SDP Meetings and General Information Update - Jason Lindo

- The federal waiver was approved June 6, 2018.
- We should have the guidelines for the budget, which is targeted for September 28, 2018.

- There was a deadline for financial management guidelines on August 31, 2018, but it was decided it needed fine tuning and should also be done by September.
- Participant selection is on track for October 1, 2018- after list is selected, individuals will be informed.
- Trainings will begin after the names are chosen- as of now, no dates have been set.
- Per Jason's last email, at 5 pm on September 17, 2018 will be the deadline to submit names to DDS.
- Jason is keeping up with names that are on the list and is making sure everyone is still interested and are active clients.
- Please spread the word and encourage others to get their name on the list. The client can opt out of SDP at any time and go back to regular services.
- Jason is checking the SDP mailbox daily for new names and people who are interested in the program.
- Check the DDS website to see if you/your family member is on the list once you let Jason know you are interested.
- The DDS selection is random and done by an algorithm- a computer equation which will select names.
- There are guidelines how waiver will be monitored. There is a long list of billable services. One of the requirements is the service must fit in one of the categories. You do not have to be on the waiver, but it's encouraged because it will be federally funded. The target date for these guidelines is on October 31, 2018.
- The requirements are the same as the HCBS Waiver.
- This waiver is part of the HCBS wavier, but there may be different requirements.
- When the State work group asks for feedback, it is important that our committee gives feedback to DDS to make the program better.

- The selected families can share information and ideas to better the program.
- Local committees need to give feedback and ideas, as the committee represents the community- Please send to Jason. Your ideas for this latest request from DDS on the \$2.5 million funding.
- The Independent Facilitator is like a Service Coordinator, but dedicated to the single client. There is no training that could go over the roles completely of the Independent Facilitator: will be on the overall duties of an Independent Facilitator.
- In the soft roll-out, there will be fine tuning and systems created to make the program more fluid once it rolls out to everyone in 3 years. We will build questions as they come.

5. ACRC Plan for Service Coordination- Jason Lindo

- ACRC has selected 2 SCs per each case management unit. They and their managers will all be trained in SDP.

**6. Person Centered Planning Training- Held for Managers in August-
UPDATE- Jason Lindo**

- The training was held and all client services managers attended as well as directors.

7. UPDATE- Submitted Feedback to DDS and ARCA- Jason Lindo

- Jason only received two feedbacks out of the 13 bullet points that given out- please give feedback and ideas- you all (attendees of meeting) are the people who matter most.

8. Overview of Statewide Self-Determination Advisory Committee

Meeting- Joyce McNair

- Nancy Bargaman, Director of DDS, spoke of a need for more outreach to Black/African American and Hispanic communities, as indicated on the graphs.
A large group of family members from the Los Angeles Hispanic community spoke individually, many in Spanish. Their collective message was: We Need Help!
- **The following issues were discussed:**
 - o Some of the 2500 selected clients may need more information at a preliminary meeting in plain language before their official orientation, so that they clearly understand what they are getting into; it may be necessary to have more than one preliminary meeting.
 - o Discussing the orientation itself is a good conversation for local self-determination advisory committees. Suggested topics could include having a train the trainer orientation first, then have the SDAC decide when to have actual orientation.
 - o During the orientation discussion emphasize that the five principles-Freedom, Authority, Support, Responsibility, and Confirmation- are extremely important in making decisions about Self-Determination.
- **Person-Centered Planning is the core of Self-Determination:**
 - o It means the freedom to make decisions that affect your life, about getting the support that you need including new things/future desires in order to live the life you want to live, to conduct your person-centered planning meeting in your own way, to express what you like and what you do not like and have it taken seriously, to consider what is possible not what is currently available, to figure out how much an unmet need will cost.
 - o Some things to be decided before the person-centered planning meeting: who is to be invited, what supports are needed, where the meeting will be held and what time. At the meeting invited participants should remember to talk to the individual, not about them and be sure to write

everything down. **Decisions made at the meeting will go into the IPP.**

- o Each service should be examined for community inclusion; the object is to spend the majority of the day with people who do not have a disability.
- o 27 pages of descriptions of services are listed on the DDS website in PDF format.
- o In addition, an excerpt from a message sent by Maria Marquez, Chair of the Statewide Self-Determination Advisory Committee to all local self-determination advisory committees is included in this report:
- o "... the view of your local committee is that you are advocates. By law, your committee provides oversight of the self-determination program at your regional center. You review the progress of the program and make recommendations for improvement. You are not committees that sit and listen. You are a committee of action."

9. Outreach Efforts Committee Members - Joyce McNair

- None

10. Public Comment Period

- Other states have a SDP, but they do not have the Lanterman Act.
- Phil Bonnet, Executive Director of ACRC, shares his experience as a director at another regional center which had SDP. He said it's pretty straight forward and you just have to follow the rules.
- Training and resources are wanted and needed.
- One of the work groups is working on ideas for spending DDS funds- create contract templates.
- FMS services shifts depending on the service- liability will be on the FMS.
- There are questions and concerns about transportation and how that will work.
- The whole point of SDP is flexibility and responsibility.

- Do not let not having answers stop you from SDP.
- Both family members and recipients of services of SDP are going to have large responsibilities and awareness of their services.
- Generic resources will still not be funded with SDP.
- All Client Services Managers and two of their staff will be trained on SDP- one as a SDP Service Coordinator and the other as a back-up.

11. Open discussion on Self-Determination:

- Stacy Shaw is no longer part of committee and there are spots open in the committee.

12. Dates for Future Meetings:

- November 14th (Brenda Smith).

13. Identify agenda items for next meeting:

- Discuss more frequent meetings and times/location.

14. Meeting adjourned at 12 pm.

Jason is making a motion for adjournment; however, there was not a quorum of voting members so no official vote was taken.