

Alta California Regional Center (ACRC)
Self-Determination Advisory Committee Meeting (SDAC)
Wednesday, January 8th, 2020
10:00 A.M. to 12:00 P.M.
Minutes

Members:	Present	Absent
Lisa Cooley, SA	X	
Joyce McNair, FA	X	
Benita Ayala, FA	X	
Brittnee Gillespie, DRC	X	
Cristal Cabbat, FA		X
Daniel Meadows, SA	X	
Kenya Martinez, FA	X	
Kimberly Terrell, SA		X
Luis Rivera, FA		X
Meena Kalyanasundaram, FA		X
Niccole Pitz, FA		X
Tom Hopkins, SA		X
Teresa Schmalz, FA	X	
Others Present:		
Mechelle Johnson, ACRC Jennifer Bloom, ACRC Katherine Weston, ACRC Karen Mulvaney, SCDD Kathy Brian, SCDD Adam Ruggles, SP MedStar Transp.	Joseph Hernandez, SP Premier Grace Tryillo, FA Alicia Manzo, FA	
Legend: SA – Self-Advocate, FA – Family Advocate, SP – Service Provider		

1. Call to Order by Lisa Cooley, Chair

- Welcome & Introductions (10:00 A.M.)

2. Approval of Agenda & Minutes (from November 13, 2019)

- It was moved/seconded and carried to approve the agenda and minutes. No Abstentions.

3. SDP General Information Update— Mechelle Johnson, ACRC

- 75 of the 179 selected for Self-Determination have been through Orientation
- On Dec 5th ACRC gained 88 new SDP clients increasing our total to 267 slots, DDS says not to worry that we are over the 179. Of the 88 new SDP clients, 2 are no longer interested, have declined to move forward.
- ACRC is providing 5 New Self-Determination Orientation Dates: Jan 25th 9-12; Feb 8th 9-12; Feb 15th 9-12, March 7th 1-4 & March 14th 9-12. ACRC is in the process of notifying Clients & Families.
- ACRC is providing Person Centered Planning (PCP) “thinking” Training. They will take place for 2 Days - May 19 & 20th; Person Centered Planning- “facilitation” Training; and April 2nd. The Department of Developmental Services (DDS) contracted with Support Development Associates to provide the training. The trainings will take place at ACRC.
- 3 agencies are in the process of being vendorized through ACRC to provide PCP.
- 5 Financial Management System (FMS) Agencies are currently vendored. They are: Accredited, Community Interface Services, GT Independence, Mains’l and Premier. Three additional FMS agencies are listed on the DDS website not vendored at this time: Acumen, The Emlyn Group, Tracey Stein Management Services.
- SDP Implementation Trainings for Service Coordinators (SC’s) and Client Services Managers (CSM’s) with SDP clients, Jan 9th & 14th for all SC’s and CSM’s with SDP clients.
- There are SDP clients in various phases of Self Determination. 1 provider working on their self-assessment to support a SDP client.
- On Dec. 2nd, ACRC conferenced with GT Independence FMS to learn more about their services and requested forms to share with SDP clients.

4. ACRC’s Next Steps (A Work in Progress) – Joyce McNair

Joyce provided the following information on **ACRC Next Steps** Updated 1/7/20

ACRC SDAC (ongoing activities)

1. ACRC notifies SDP participants/families of SDAC meetings
2. ACRC responds to participant/family inquiries
3. ACRC reports to SDAC on systemic issues, directives and other related topics from DDS, for committee and public comments and discussion

Person-Centered Planning (in progress)

1. ACRC reminds participants/families to start person-centered planning beginning with:
Selecting people for their planning team (family members, friends, people they know and trust)
2. ACRC reminds participants/families that:
ACRC has funds to pay for person-centered planning services
Participants/families request funds from ACRC
3. ACRC provides:
Previous year individual budgets to participants/families
Participant Mandatory Orientations and Trainings
 1. ACRC notifies participants/families of **mandatory orientation dates and locations throughout 10 county ACRC catchment area.**
 2. ACRC conducts mandatory orientations
 3. ACRC sends **notices to participants of training meetings with dates and locations throughout the 10 county catchment area**
 4. ACRC conducts trainings (Sonya, Kathy, or SDAC can assist with orientations and trainings.)
6. ACRC provides each participant/family with:
 - **Five principles of Self-Determination**
 - **person-centered planning resources sheet**
 - **budget preparation information**
 - **list of budget/service categories with definitions**
 - **list of FMS providers, areas served and services provided**
 - **list of Independent Facilitators as needed**
 - **SDP Next Steps**

SDP Vended Service providers(ongoing)

1. ACRC conducts **informational meetings with vendored service providers** about their role as service providers within SDP guidelines

Outreach for Independent Facilitators

1. Sonya Bingaman coordinates **Independent Facilitator Training(s) in collaboration with ACRC, DRC, Premier, The Arc and other organizations.**
2. Brittany compiles an **independent Facilitator list** to be distributed to participants/families.

Participants/Families, Service Coordinators, IPP, Etc.

1. Participants/families attend mandatory **orientations** and **trainings**
2. Participants/families and their planning teams develop **person-centered plans** that include services, budgets, FMS selections, Independent Facilitators (if needed)
3. Service Coordinators:
 - prepare **IPPs** based on person-centered plans
 - certify **budgets**
 - ensure services fit budget/service categories
 - provide ongoing support

Self-Determination Rollout

1. DDS fills participant vacancies
2. ACRC contacts new participants/families invites them to SDAC meetings (see previous transition activities for participants/families by ACRC and SDAC)
3. ACRC continues responding to participant/family inquiries

ACRC SDAC

1. ACRC brings participant/family issues to SDAC for discussion.
2. ACRC submits monthly report to DDS on participant/family issues.
3. SDAC begins identifying formal/informal services/supports.(ongoing)

5. Vote for adding additional meeting or SDP Update for the public who are unable to attend.

- We discussed conducting an additional meeting or SDP Update for the public in March 2020, possibly in the evening or on a Saturday. It would be considered a

special, one-time only meeting. The agenda would include SDP Update and open discussion on learning more about SDP.

6. Public Comment Period- Public

- **Person Centered Planning - Katherine Weston, ACRC:**

ACRC has three existing vendors/providers in various stages of the vendorization process. It varies the timeframe to complete the vendorization process as it depends upon the applicant submitting the paperwork and ACRC processing it. Moving forward in process, orientations in January, then next steps. Person-Centered Thinking Training and Approach.

- Financial Management Service (FMS) information is on DDS website, it will identify services each FMS offers.
- DDS sent letters to the 88 new SDP participants; ACRC will be following up with information on Orientation dates. ACRC is in the process of notifying SA's of upcoming SDP Orientation Dates:
 - January 25th 9-12
 - February 8th 9-12
 - February 15th 9-12
 - March 7th 1-4
 - March 14th 9-12
- Joyce McNair offered the following thoughts in planning for/thinking about preparing for a Person-Centered Plan.

Life Choices with Self-Determination

Housing: Decent, safe, accessible (broadly defined), stable housing, assistive technology (navigating, bathing, etc.) easy access to transportation (self-parking, walking or bicycling, public transportation, door to door service), close to supermarkets and other community amenities, in home or independent living assistance

Health/Wellness: assistive technology (communicating, navigating, breathing, hearing, etc.), conventional medicine, alternative holistic wellness care, transportation (self-parking, public transportation, door to door service), individual assistance

Socialization/Recreation: reading, writing (journaling), different forms of art (music, dancing, writing (articles, books), discussion groups, etc.), eating out, shopping, or going to movies with friends, etc., transportation, assistive technology as needed, individual assistance

Learning: assistive technology as needed, individual assistance, informal (how to cook, etc.), formal (vocational, academic including online), different forms of transportation (to schools, training sites, library, bookstores, etc.),

Employment: identifying interests and strengths, personal choices, education, training, individual assistance, assistive technology as needed, different forms of transportation

Note: Some choices will require funding, other choices may be free or require no out of pocket expense.

7. Identify agenda items for next meeting:

- Provide case studies, examples of different SDP situations that provides participant and regional center perspective.
- Provide scenarios that involve IHSS, Section 8, CalFresh and SSI.
- Provide question/answer time.

8. Dates for Future Meetings:

- March 11, 2020
- May 13, 2020
- July 8, 2020
- September 9, 2020
- November 11, 2020 – *Holiday - Need to consider alternative*

9. Meeting adjourned at 11:50 AM